



SOUTHERN MARYLAND RESOURCES AND HELPLINES

*** PFLAG Leonardtown does not endorse, recommend, or make representations with respect to any of the resources provided here.

Suicide/Crisis Intervention

Walden Sierra - Locations in Charlotte Hall, California, Lexington Park, and Waldorf.
<http://www.waldensierra.org> 24/7 Hotline 301.863.6661

The Center for Abused Persons Charles County - Provides a crisis hotline, counseling, victim advocacy, support groups, abuse intervention, and community education - 24/7 Hotline 301.645.3336 www.centerforabusedpersonscharlescounty.org

Calvert County Health Department Crisis Intervention Center - 24 hour crisis helpline: 410-535-1121 or 301-855-1075 Teen helpline 410-257-2216

Welcoming/Inclusive Faith Communities and Organizations

St. Mary's County

Unitarian Universalist Fellowship of Southern Maryland mail@uufsm.org uufsm.org

Calvert County

Unitarian Universalist Congregation of the Chesapeake theuucc.org 443.646.3518

Middleham & St. Peter's Episcopal Parish www.middlehamandstpeters.org 410.326.4948

Broadview Church www.broadviewmaryland.org revjenn@broadviewmaryland.org
410.610.2888

St. Paul's Episcopal Church - info@stpaulspf.org <http://stpaulspf.org/> 410.535.2897

All Saints Parish - 410.257.6306 allsaints1692@allsaints1692.org www.allsaints1692.org

Solomons United Methodist Church - 410.326.3278 solomonsumchurch@gmail.com
<http://www.solomonsumchurch.org/>

Our Common Calvert - A youth leadership organization whose mission is to develop leadership across generations, build relationships within our diverse community, and unify organized action. <https://www.facebook.com/ourcommoncalvertcounty/>
ourcommoncalvert@gmail.com

Charles County

St. Paul's Episcopal Church - 301.645.5000 - stpaulspiney@comcast.net - Stpaulswaldorf.org

Counselors/Counseling Practices

St. Mary's County

Empowered Connections - hello@empoweredconnections.net -
<http://empoweredconnections.net/> - 301.690.0779

Journeys Holistic Therapy Group - Journeys@journeyshome.com - 301.884.4225
www.journeyshome.com

Laura Ashley, LCSW-C - laura@journeyshome.com

Bowes and Associates Psychotherapy - 240.237.8405

Calvert County

Therapy Cafe - 443.295.8955 - www.thetherapycafe.com

Yvonne Micheli, LCSW-C - 410.257.5750

Michael Gillooly LCSW-C, EFT, EMDR - 301.812.4583 (Prince Frederick office)

Audra Ann Howard, LCSW-C - 240-581-8322

Regena P. Johnson, Psy.D. - 410-286-0664 or 301-855-4461

Charles County

Debra Foster, LCPC - 301.337.8767

Theresa Hamilton, LCSW-C - 301-932-2540

Howard County (included for specific expertise in serving transgender youth)

Sean Lare, LCSW-C - counseling@seanlare.com - Seanlare.com - 410.689.9074

Legal Assistance

FreeState Justice - 410-625-LGBT (5428) - Freestate-justice.org